



# MONTHLY NEWSLETTER

JUNE 2025



## “Summertime and the Livin’ is Easy!”

Sunshine and warm weather are calling...quilting may take a back seat to gardening, sailing, camping or travelling.

Our summer will be taken up with ball games....our grandson will be graduating and wrapping up his Minor League Baseball this year! We've been going to his games since he was 4 years old.

It is bittersweet seeing him and his friends, who've played together all these years, as young men going their separate ways. Our granddaughter has found a new passion playing volleyball! It's fun watching these 13 year olds, with girls there is a lot of screaming when things go their way! A much noisier experience than baseball was! When we're not off to the kids games, if the weather is fine, you'll find us on the greens at the North Vancouver Lawn Bowling Club.

I regret I won't be at our June meeting, it's my grandson's Graduation Day. Carol has an interesting program lined up and the Strawberry Shortcake sounds wonderful! Connie B was the recipient of a large donation of fabric, with assistance from Carol and Ann, we sorted through over 6 boxes of fabric! The larger pieces were given to Community Quilts, and some will be on the "Free Table" on the 24th be sure to check it out.

Don't forget to sign up for the Summer COPS in Lions Bay, when Shauna sends out the notice, and Carolann's workshop on Colours coming in September!

Whatever your summer plans are, I hope you have a wonderful summer and look forward to seeing everyone in the Fall.

Happy Quilting!

**Irene M, President**

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### JUNE DATES

**Tuesday, June 24:**

2 - 4pm Slow Stitch

7.30-9pm Guild Meeting

St Andrew's & St Stephen's  
Church, Chesterfield Avenue,  
North Vancouver

## MEMBERSHIP

We have 114 members with 61 people attending the last meeting and 1 guest.

There have been a few changes to the membership list that I have made over the past couple of months. I will send out an updated list in September. If anyone notices anything that needs correcting let me know.

### Door Prizes

We are in pretty good shape for door prizes now – thank you everyone! There have been several donations including a lot of fabric so the bags should be looking good!

Door prize winners in May were:

- ♦ Trudy J
- ♦ Carole B
- ♦ Susanne D

As always please feel free to reach out with any comment, concerns, etc.

**Anne O'B, Membership Coordinator**

## COPS

Our next COPS Day is scheduled for Saturday, August 9 from 9am to 4pm at the Lions Bay hall, 400 Centre Road, Lions Bay.

This is a beautiful setting with an outdoor patio to use for lunch and breaks. [Sign-up here](#) or visit the [COPs page](#) on our website, for further information.

Going forward Highlands United Church will be holding thrift sales at the church on the first and third Saturdays of the month. So, the October and December dates have been changed to October 11 and December 13. COPS Days will now be held at the church on the second Saturday of the month September to June, with the exception of January, which will be on Zoom. February's COPS Day will go back to being in-person.

So, get the dates into your calendars.

Feel free to contact me with questions/suggestions

**Shauna D., COPS Coordinator**

# WORKSHOPS

## Ideas Please

Let Karen and Carole know what kind of workshops you would like – Modern? Traditional? Improve? Art quilt techniques? Also, please recommend any teachers you have enjoyed.

## Slow Stitching

### **June 24 - 2 to 4 pm at St. Stephens and St. Andrews Church.**

Come to the church on the afternoon of the Guild Meeting. Bring some hand work (slow stitching, binding, knitting, etc.) and chat around the table with the rest of us. All welcome, or just drop in and see what we are up to. No charge (we already pay for the church for the afternoon and evening)

## Next Workshop

### **Colour My Quilt - October 4, Saturday, 9 to 3 pm.**



Carolann Fraenkel is offering “Colour My Quilt” at the City of North Vancouver Library. We are in a bright room on the third floor. No sewing machines needed. On transit or parking available downstairs. There are lots of lunch options in the area.

Learn:

- Basic Colour Wheel, and theories behind how to choose colours that go together.
- How to sort your stash to make more confident colour choices
- What your colour favourites are and why – how to find “new” favourites
- How to look at a pattern and know what makes it work in terms of colour and fabric placement

[Sign-up here.](#)

**Karen M, Workshop Coordinator**

## PROGRAMS

This month's meeting will include a talk by Louise Lydon from Vancouver Coastal Health. She will be full of information and ideas for looking after our bodies as we spend time working on our Crafts.

As we celebrate the start of summer , we are pleased to offer an evening of Strawberry Shortcake, door prizes and socializing with other members before everyone heads off to adventures near and far over the summer months.

Heads Up for all you Makers out there! Once again this year we will feature the Members Marketplace at our November meeting. We will begin taking reservations for tables at the September meeting.

Looking forward to seeing all who can make it, hoping everyone has a great summer, and please let me know if you have any comments or suggestions for Programs.

Please [contact me](#) with any questions/comments/suggestions

**Carol C, Programs Coordinator**

## CQA



The Guild is a member of the Canadian Quilters Association.

The next CQA Show will be in Toronto on June 18-21, 2025.

Check out the [CQA website](#) for more information on seminars, and everything quilting across Canada!



**Pam C, CQA Coordinator**

# COMMUNITY QUILTS

Here is another “Thank You” our Guild has received for quilts we distributed earlier this year – these went to Evergreen House. Our quilts are appreciated so much and we want everyone to see this response.

## COMMUNITY QUILTS

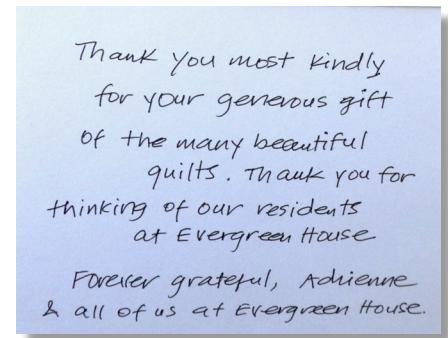
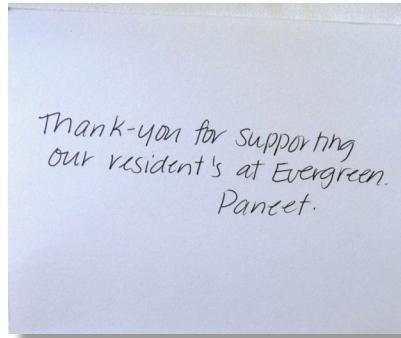
### QUILT SIZES

(approximate)

Wheelchair 36" X 40"

Lap/Child 50" x 60"

Twin 60" x 80"



# LIBRARY



Our library next month will have a new addition on the subject of Kantha, a quilting/embroidery technique used in Pakistan to reuse and renew textiles. The book was recommended by one of our members and I am happy to add it to the collection. It just goes to show that the tradition of quilting is everywhere!

There will be no inventory of our collection over the summer as Carolann did a thorough one before handing the library over to me, so the books borrowed last month and this one can be kept over the summer.

Have a lovely summer! Happy reading! Happy quilting!

**Connie B, Librarian**

## MEMBERS AT LARGE



Do you know a member who is in need of a hug, a kind word, or a happy card? Please let us know and we will reach out to them on behalf of the Guild.

Contact Bonny B & Catherine H [email us here](#)

## MEMBERS-TEACHING-MEMBERS

Some follow-up information from our Members-Teaching-Members session last month.

Carol C has provided a pattern and instruction for her market tote. A separate PDF is attached to the email accompanying this Newsletter.

Krista H has provided a link to her blog, where she provides the hints and tips for achieving the perfect scant 1/4" seam. [Read her “1/4” Tune-Up Test” blog entry here.](#)

## HOSPITALITY



This month's Strawberry Shortcake treat will be provided by the Programs Committee. But please remember to bring your cup/mug.

**Renee and Marsha**

## WHAT'S ON

[Vernon Silver Star Quilters](#), September 26-27

[Hope Quilters](#), September 28-29

[The Planets Within: A Fibre Cosmology](#), Italian Cultural Centre - June 19 to July 31

## REVERSE THE BLEED!

Carol P showed us one of her beautiful quilts at last month's Show and Tell and recounted the story of how she tackled the dye running when she washed it. In response to a number of requests for more detail, here's the details...

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I always wash my quilts before giving them away, that way if anything nasty happens, it happens to me.

I recently finished a red/yellow/grey quilt and merrily threw it in the washing machine without a colour catcher, then tossed it in the dryer without looking at it. One of the reds ran into the light grey very noticeably.

After a couple of days of trying to forget about it, I spied a bottle of "Ease-out" stain remover on my laundry shelf. It's been there for years and works very well on some stains. Well, might as well give it a try - it can't hurt! Following the instructions (!), I got that area of the quilt wet, then liberally applied the Ease-out gel and scrubbed it in a bit with my finger tips. Into the washer again - this time with a colour catcher sheet. Took it out of the washer and IT WORKED !!!! Even after it dried (not in the dryer this time), still no visible bleed into the grey. Needless to say, I was amazed. Washed it again and the colour catcher came out light pink.

I've looked in all the main grocery and drug stores, but no-one seems to carry it. It is available online however and it's even made in Canada!!!! Think I'll order a lifetime supply.

Carol P