



# MONTHLY NEWSLETTER

May 2025



## HAPPY SPRING!

Hi fellow quilters! It was wonderful to see so many out at our April Meeting! Myra's guest was very entertaining, I hope he decides to continue his quilting journey and joins our Guild!

I was excited to take Carol's Drop Those Feed Dogs class on Free Motion Quilting! While others created marvelous samples of Free Motion Quilting, I discovered I have much to learn about my machine! I'll have to Stitch in the Ditch for awhile!

Despite some technical difficulties, Colleen Mckinnon, from Penny Rugs did an interesting presentation on working with Wool! Very small pieces of wool! Don't forget to sign up for Catherine Nicholls workshop "For The Birds", a wonderful opportunity to explore a new skill.

Thank you Carol for continuing to find interesting Guest Presenters for our Guild!

Spring has arrived bringing renewed energy and inspiration to everything we do, and new ideas for our next quilt!

*Our lives are like quilts – bits and pieces, joy and sorrow, stitched with love.*

Happy Quilting!

**Irene M, President**

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### MAY DATES

**Tuesday, May 27:**

2 - 4pm Slow Stitch

7.30-9pm Guild Meeting

St Andrew's & St Stephen's  
Church, Chesterfield Avenue,  
North Vancouver

## MEMBERSHIP

April was a quiet month on the Membership front. All members have now paid up. Thank you everyone!

### Door Prizes

As you all know we try to make sure that our door prizes are small homemade items or things of special interest which are donated by fellow guild members. Thank you to Trudy and Tanith for their donations for door prizes! Please keep the donations coming, the more the better!

Door prize winners in April were Diane L, Angele P and Sandi H

As always please feel free to reach out with any comment, concerns, etc.

**Anne O'B, Membership Coordinator**

## COPS

Our next COPS Day is scheduled for Saturday, June 14 from 9am to 4pm at Highlands United Church's Lower Hall (accessed from the south parking lot off Edgemount Boulevard).

Go to the COPS webpage [HERE](#) for the Signup Form and further information.

For newer members, COPS (Creative Ongoing Project Session) Days are monthly sew days where quilters get time to sew, share ideas, get help with layering quilts and enjoy diverse potluck items.

These events are open to non-members, so feel free to invite a friend or two! If you can't commit to a full Saturday feel free to drop by for a few minutes to see what the day is all about.

Occasionally, check out the guild's COPS webpage for further information, all the 2025 COPS dates and registration links. Also, check the Guild's private [FaceBook](#) group.

Feel free to contact me with questions/suggestions.

**Shauna D., COPS Coordinator**

# WORKSHOPS

## IDEAS PLEASE

Let Karen and Carole know what kind of workshops you would like – Machine quilting? Modern? Traditional? Improv? Art quilt techniques? Also, please recommend any teachers you have enjoyed.

## SLOW STITCHING

What is slow stitching? However you define it, it does not involve hauling your sewing machine to the Church for the afternoon. People bring binding to stitch down, embroidery, applique, wool-felt applique, hand quilting, and even knitting or crochet. It is a lovely, quietish time to sit and chat, and work with our hands.

**April 22** - Slow Stitch, 2 to 4 pm at St. Stephens and St. Andrews Church. All welcome, or just drop in and see what we are up to. No charge (we already pay for the church for the afternoon and evening).

## May 31 – Catherine Nicholl's Birds Workshop

Sadly we were short of sign-ups for this workshop, which has now been cancelled. Emails have been sent to those who signed-up with information regarding refunds.

Later in the year, Carolann F. will be presenting a workshop focussing on colour, so watch out for more details to come.

**Karen M, Workshop Coordinator**

# HOSPITALITY



Just a reminder that if your birthday falls in May, please bring a plate of treats to our upcoming meeting to be shared at break time. The volunteers in the kitchen very much appreciate your help, and the treats are enjoyed by everyone.

Due to the high cost, and environmental impact of single use paper cups, please remember to bring your own cup/mug.

**Renee and Marsha**

# PROGRAMS

This is the last month for the UFO Challenge this year. If you have finished your registered quilts please bring them for Show & Tell or show me a photo. You can still get your ballots in the box up to the end of the Break at the meeting. We will draw the winner when Program begins after the Break.

Program this month features Members Teaching Members and we have some great techniques/projects to share:

- Krista will show us the proper way to sew a perfect  $\frac{1}{4}$ " seam allowance - an important skill for everyone
- Linda and Sonia will demonstrate their wonderful technique for making "reversible bindings" and "double bindings"
- Carol will demonstrate "Easy Market Bag Tote" pattern and "Easy Ice Bag" pattern

The popular June Social will feature Louise Lydon, Occupational Therapy Educator from Vancouver Coastal Health. She will give us great ideas and exercises to keep our bodies running smoothly while we spend hours on our sewing machines!



Also, we will provide our tradition of Strawberry Shortcake for the break, where everyone can enjoy some socializing before heading off for Summer activities.

We are working on some interesting Program presentations for Fall 2025 through June 2026, and will keep members posted with new information.

**NOTE:** We will be having our very popular MEMBERS MARKETPLACE at the meeting on November 25th. So for those of you who are Makers, we wanted to give you a head's up so you can get started on products you would like to offer for sale! (Remember, NO food items please).

As always, if you have an idea or suggestion for Program we would love to hear from you!

Please [contact me](#) with any questions/comments/suggestions

**Carol C, Programs Coordinator**

# COMMUNITY QUILTS

## Special Moments

After our major quilt distribution in November and December we received several calls and emails thanking our Guild for the wonderful quilts received.

The following thank-you note was received from a past quilter now in a Care Centre. When Una could no longer quilt, she donated her books and fabrics to our Guild so we directed one of our quilts to her.

*Dear Lions Gate Quilters,*

*What a lovely surprise!*

*I was completely overcome by your thoughtfulness when I recently received from you a beautiful quilt, and those here with me at Berkley Care Centre also admire it as much as I do. As a fellow quilter ('retired'), I do appreciate skillfulness and eye for colour and patterns used.*

*Thank you for thinking of me. I will always greatly treasure your gift.*

*Una*



# LIBRARY

Five new books were added to our collection last month, all by Melissa Marginet, who is a quilter, author, designer and teacher from Winnipeg. You can find Melissa's website and all about her and her books [here](#).

Remember that if you are looking for a particular book or subject, you can go to the Library on our website and search for a book or a topic, place a hold, and have it ready for pick-up at the next meeting. Just go to Member Resources on the [Guild website](#). Click on Library in the drop-down menu and it will take you there.

Also, you can send me a message at, if there is a book that you would like the Library to acquire.

**Connie B, Librarian**

# CQA



The Guild is a member of the Canadian Quilters Association.

The next CQA Show will be in Toronto on June 18-21, 2025.

Check out the [CQA website](#) for more information on seminars, and everything quilting across Canada!



**Pam C, CQA Coordinator**

## MEMBERS AT LARGE



Do you know a member who is in need of a hug, a kind word, or a happy card? Please let us know and we will reach out to them on behalf of the Guild.

**Contact Bonny B & Catherine H** [email us here](#)

## COMMUNICATIONS

The Executive has been discussing ways to ensure that Members are kept informed about the management of the Guild. With this in mind, the Executive have asked Annilene, our Treasurer, to produce a short financial summary each month, which will be attached to the email accompanying the Newsletter.

**Tanith, Communications Coordinator**

## WHAT'S ON

[Sunshine Coast Quilters Guild](#), Gibsons, May 30-31

[Quilt Canada, Toronto](#), June 18-21

[Woolly Fibers Quilters - Quilt and Art Show](#), Sedro-Woolley, WA, July 18-20