



MONTHLY NEWSLETTER

March 2025



HAPPY SPRING everyone!

Spring is a time for renewal, as flowers bloom and trees bud there is new energy to start or finish projects!

Soon Lawn Bowling, Baseball, and spring Soccer will crowd my calendar, as tournaments, and league competitions get underway. This is our grandson's last year with the Langley Blue Sox baseball team, in the fall he starts university, at UFV and he has signed on to their Baseball Team.

Our youngest granddaughter will be playing in a Spring Soccer league, and my husband and I will start lawn bowling! When the sun shines, my quilting gets tucked away for rainy days or Fall!

A little about me, my husband and I have lived in North Vancouver for 40 years, our sons attended school in the Cove, and I started working as a real estate agent at Royal LePage.

I became interested in Quilting when I picked up a magazine with a beautiful quilt on the cover. With the book in hand, (and limited sewing skills) I went shopping for fabric. When I got home, I realized there was more to quilting than I imagined. Thankfully I have a knowledgeable friend who guided and coached me through that first quilt (it still took 18 years to complete)!

I then took Dolores Bell's intro to Quilting at the Thread Bear, and now some 25+ years later I'm back to quilting and finishing projects I started all those years ago.

Since joining the Guild in 2022, I've picked up several helpful tips, and look forward to learning more and improving my skills. I've found the COPS days to be a great place to meet other Guild members, and get help with my projects.

A QUILTER is... someone who uses fabric, thread and a little bit of magic to stitch together stories that warm the heart and cover the soul!

I look forward to hearing/seeing your magic!

Happy Quilting!

Irene M, President

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MARCH DATES

Tuesday, March 25:

2 - 4pm Slow Stitch

7.30-9pm Guild Meeting

St Andrew's & St Stephen's
Church, Chesterfield
Avenue, North Vancouver

WORKSHOPS

IDEAS PLEASE

Let Karen and Carole know what kind of workshops you would like – Machine quilting? Modern? Traditional? Improv? Art quilt techniques? Also, please recommend any teachers you have enjoyed.

SLOW STITCHING

What is slow stitching? However you define it, it does not involve hauling your sewing machine to the Church for the afternoon. People bring binding to stitch down, embroidery, applique, wool-felt applique, hand quilting, and even knitting or crochet. It is a lovely, quietish time to sit and chat, and work with our hands.

March 25 - Slow Stitch, 2 to 4 pm at St. Stephens and St. Andrews Church. All welcome, or just drop in and see what we are up to. No charge (we already pay for the church for the afternoon and evening).

SPRING WORKSHOPS

Carol Chernov will offer two workshops on machine quilting. We have contacted those already signed up and those on the wait list. There are a few spots open, as some registrants already had travel plans

April 19 (Saturday of Easter weekend) and April 26 (Saturday), 10 am to 4 pm, \$60

[Email me directly](#) if you are interested in attending. Supply list to come soon.

May 31 – Catherine Nicholl's Birds Workshop

Catherine will offer a workshop on the birds she showed us at the January meeting.

They are so cool and she will guide us through the process. More info on costs and registration to come.

Karen M, Workshop Coordinator

MEMBERSHIP

Hello everyone, this is my first Newsletter as the newly elected Membership Coordinator. I am very pleased to be taking on this role for the Guild. Over the next couple of months as I learn my way around my new responsibilities, please feel free to let me know if there is anything new/different you would like to see done. This is your Guild so I am happy to tweak as needed.

MEMBERSHIP RENEWALS

Thank you everyone for renewing your membership with the Guild for another year. The process went well using the online form, with over 85% of you paying using e-transfer. So thank you, that makes things so much easier for processing. Any comments on how the process went from your perspective please let me know, now is the time as things are still fresh in our minds.

The current membership of the Guild is 114. We lost a few members for a variety of reasons but added some new members also. Too bad to see people leave, they will be missed, but always good to bring new blood into the Guild.

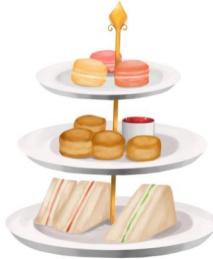
The new members are: Krista O, Berene C, Barbara P and Cheryl S. Please reach out to them and make them feel welcome.

DOOR PRIZES

As you all know we try to make sure that our door prizes are small homemade items which are donated by fellow guild members. This is more personal, makes the prizes more interesting and helps to keep costs down. Special thanks to Carole B, Shauna D and Reni W who all recently donated prizes which we will give out over the coming months. Please keep the donations coming, the more the better!

Anne O'B, Membership Coordinator

HOSPITALITY



Just a reminder that if your birthday falls in March, please bring a plate of treats to our upcoming meeting to be shared at break time. The volunteers in the kitchen very much appreciate your help, and the treats are enjoyed by everyone.

Due to the high cost, and environmental impact of single use paper cups, please remember to bring your own cup/mug.

Renee and Marsha

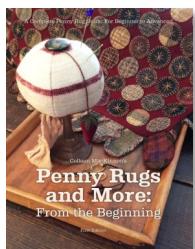
PROGRAMS

Spring is in the air, and it's wonderful to see the buds on all the trees. In these rainy days this month I've managed to enjoy some sewing time and hope that many of you are busy working on projects too. Please join our UFO Challenge if you are interested! As usual, there will be a sign-up sheet at the Program table. If you've finished a registered UFO, then bring it for Show & Tell and receive a ballot(s) for \$2.

This month's meeting is popular choice for Program as we feature 3 of our very talented members in a "My Story" segment. Ellen C, Carolann F and JoAnn L will bring their quilts, photos and stories to each tell us about their own quilting journey.

Also for this month is a "Parade of Scraps", where members are asked to bring their own favourite Scrap Quilt and be invited to walk your quilt across the stage to share with the other Guild members.

Also note that the Ladner Village Raffle Tour will have a table at the March meeting and will be showing their Raffle quilt and selling tickets. Remember to bring CASH to the meeting in order to buy tickets!



Our April speaker is Colleen MacKinnon from ["Penny Rugs and More"](#) in Fort Langley. She will share and discuss her beautiful craft featuring dye cut "penny" wool pieces. We are glad that she will offer a pop-up shop as well.

May Program will be the ever-popular "Members Teaching Members" where we will showcase some of our talented members teaching us some of their best sewing techniques.

The following month will be our "June Social" which is a great way for members to have a fun evening getting together before we all head off for our Summer plans, whether that is enjoying our gardens at home or going away for travel and adventures.

An added bonus for June will be a short presentation by Louise Lydon discussing Arthritis in Hands and how it affects our type of craft. She is a Clinical Educator in Occupational Therapy for Vancouver Coastal Health and has an extensive knowledge of what we, as quilters, need to do to keep our hands/arms/shoulders in the best shape so we can continue to enjoy quilting for many years to come!

Please [contact me](#) with any questions/comments/suggestions

Carol C, Programs Coordinator

COMMUNITY QUILTS - SPECIAL MOMENTS

Our Treasurer, Annilene, has written about an encounter she had whilst visiting our Bank.

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I just had to share my recent experience at the Bank with all my fellow quilters!

While I was being helped by one of the tellers, another teller recognized our Guild's name and rushed over to me, bubbling with excitement. Her story was so heartfelt that it brought tears to my eyes, and I hope I can do it justice.

She shared with me that her mother had been in the Lions Gate Hospice, and it sounded like they had been there before. She told me how our quilts on the patients' beds brought such a refreshing warmth to the otherwise sterile and cold environment. She said that it was so much more than just physical warmth; those quilts truly lifted spirits and brought a sense of joy and comfort to the patients and their families. She described how the bright colors of our quilts brightened up the rooms, and when patients wrapped themselves in them, they could feel the love that went into making each quilt. She said that it was as if this love wrapped around them, providing comfort when they needed it the most.

By the end of our chat, we were both a little teary-eyed. We tried hard not to get too emotional, but the joy we felt was truly special—one that only an act of kindness can create. Every stitch you all put into our Community Quilts is appreciated more than you can imagine, and this lovely bank teller wanted to send her heartfelt thanks to every one of you for your love and support.

I also want to shout out a big thank you to our amazing ladies in Community Quilts who do the hard work of knowing exactly where and when our quilts are needed most. You're all truly wonderful!

Annilene H.

COMMUNITY QUILTS

QUILT SIZES

(approximate)

Wheelchair 36" X 40"

Lap/Child 50" x 60"

Twin 60" x 80"

LIBRARY



As the new librarian, I would just like to say thank you to our retiring librarian, Carolann F, who left us a library system that is very efficient and easy to use. I can certainly tell that she was actually a librarian in her professional life!

Please [email me](#) if you see a book that you think would be of interest to other quilters and belongs in our library.

I am not good with names, so I ask that you please, when checking out books, save me the embarrassment of having to ask a name that I should know and just hold up your name tag for me. Thank you!

Connie B, Librarian

CQA



The Guild is a member of the Canadian Quilters Association.

The next CQA Show will be in Toronto on June 18-21, 2025.



Check out the [CQA website](#) for more information on seminars, and everything quilting across Canada!

COMMUNICATIONS

We have now moved all our Executive members to generic email addresses (for example “President@” rather than “Irene@”), with the exception of our Members at Large. This makes the process so much easier whenever the Executive changes.

Please note the new addresses which are listed in the email accompanying this Newsletter. You can also contact Executive members by going to our website [“Contact Us”](#) page.

Tanith, Communications Coordinator

COPS

Our next COPS Day is scheduled for April 12th . However, Highlands has let us know they'll be building a Thrift store at one end of the hall and I'll have to make sure this isn't going to be an issue for us.

Look out for an update in your Inbox around the end of the month and on our private [Facebook group](#).

Not sure what a COPS Day is? It's like a mini-monthly-Extravaganza without the games, gifts and prizes, but with all the sew-cialising!

Find out more on [our webpage](#).

Penny N, COPS Coordinator

MEMBERS AT LARGE



Do you know a member who is in need of a hug, a kind word, or a happy card? Please let us know and we will reach out to them on behalf of the Guild.

Contact Bonny B & Catherine H [email us here](#)

WHAT'S ON

[Fibres West](#) - Cloverdale Agriplex, March 21-22nd

[Westshore Quilters Guild Show](#) - Colwood, April 4-5th

[Fraser Valley Quilters Guild Show](#) - May 16-17th